

# QUEST 52

---

## CHAPTER 11 | GROUP DISCUSSION QUESTIONS

### WATCH:

- Watch this week's Group video on Chapter 11 at [www.quest52.com/videos](http://www.quest52.com/videos).

### INTRO QUESTIONS:

- What encouraged or challenged you from the sermon and/or the daily exercises this week?
- Have you ever known someone who was trapped by something from their past? How did it affect their daily life?
- Why do you think shame can have such a powerful effect on us?

### KEY PASSAGES:

- **Luke 7:41-43** - Of the two characters in the parable, which one do you think you are and why?
- **Romans 8:1-4** - How would you explain this theologically weighty passage in one simple sentence to someone who was new to faith?
- **1 John 3:19-24** - How does this passage help someone who is still stuck in guilt and shame from their past?

### GROUP DISCUSSION:

- Have you ever been able to truly let go of a specific shame from your past and move forward with your life? If you're willing, tell us about the experience and what helped you get over your past.
- How is shame sometimes placed upon us by other people? Do you think the process of moving past it is any different in those cases? Why or why not?
- Is there something you want to pursue in your future but feel like shame has been holding you back? What could you do this week to take a step towards that dream?
- How have you seen one person's shame affect their relationships with other people?

### WEEKLY APPLICATION:

- On page 70, we were challenged to write down our shame and destroy it. Did anyone do this and what did you feel afterwards?
- Depending on when your group meets, you might not have reached the Hands section yet for the daily exercises of Chapter 11. If that is the case, reflect back on the following question from last week's Weekly Application. On page 64, we were challenged to ask a friend what it would take for them to feel welcome at church. Did anyone have this conversation, and what did they say?