

# WEEK 3 | LIFE GROUP DISCUSSION QUESTIONS

## CONNECT

• As a kid, who was one person (hero, celebrity, family member, etc...) you wanted to be like? Why?

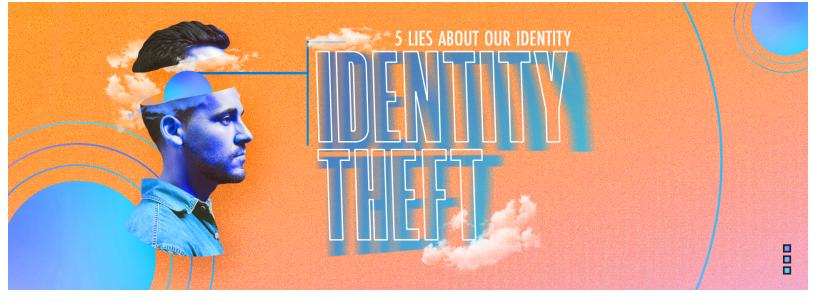
# CONSIDER

• What encouraged or challenged you from the sermon and/or daily devotions this week?

### CHRIST

#### Read Exodus 3:11-14 as a Group

- Numbers 12:3 says, " (Now Moses was a very humble man, more humble than anyone else on the face of the earth.)" Moses was the author of Numbers, so either he wrote this about himself, or a later editor added in this small thought about him. Regardless, there were many labels Moses had on his life: Jewish, Orphan, Adopted, Egyptian, Educated, Anger, Tempor, Murderer, Fugitive, Insecure, Resistant, Follower, Leader, and the list could go on. The lie of "I am what people say or think about me" is that my sense of self is lost or threatened when someone says something negative. Or, I can only feel good or joy when positive things are said about me. What labels impacted you growing up (positive or negative)? How have these labels stuck around today?
- In v. 11 Moses asks a question, "who am I". This question will be rephrased 3 more times during his conversation with God (Exodus 4:1, 10, & 13). Each time it most likely was born out of a label of insecurity that people or Moses himself put in his mind/heart. Each answer from God is a reminder of His Power, Help, and Presence. How have you experienced insecurity in your life? What is one thing you can do this week to allow God's opinion of you shape who you are or the choices you make?
- In Exodus 3:14, God tells Moses to call Him "I AM WHO I AM". In one phrase, we get something that is not fully understandable, but unbelievably powerful. God tells us that He is defined by His own identity (eternal, dependable, faithful, etc...). He is not dependent on anything external, because He is I AM. He sets the example, by calling us to define ourselves by Him. What truths from God have impacted or defined your life the most? Why?



### Read Proverbs 14:30, 2 Corinthians 10:2, & Galatians 6:3-5 as a Group

- Sometimes the voice of what other people think comes not from the external, but from the internal. We lie to ourselves when we compare our lives or decisions with others. What do you learn from these passages about comparison? When was the last time you compared your life or family to someone else's? How'd that go?
- The simple way to begin counteracting the internal voice of comparison is by giving thanks. This shifts our focus back to God and moves our hearts towards contentment in who we are and what we have. With your most recent comparison in mind, what are 5 things you are thankful for instead? Share these words of praise with your group.

#### Read Ephesians 4:29 as a Group

- The lie "I am what people say or think about me" is also true for others. Our words can have an identity shaping impact on those around us. Who has been a "builder" with their words in your life? How did they influence you?
- Using words to build others up doesn't always come naturally. It can often be a struggle. How are you doing building others up with your words? If you struggle with this practice, why do you think this is so (i.e. pride, jealousy, hurt, anger, apathy, fear, preoccupation, etc...)?
- Who in your life do you need to encourage this week? What identity shaping truths do they need to hear to build them up in how God sees them? Pray over and commit to a plan of encouraging them this week.

## CALLING

- What is fueling the lie, "I am what people say or think about me" in your life? Do you need to fast from social media? Are there voices of encouragement that you need to turn up? Are there voices of discouragement that you need to turn down? Pray over these questions.
- **Daily Devotions:** Spend 15 minutes each day with Northside devotions. Text JOINGOD to 81411 or use the Study tab in Northside's App for Daily Devotions.
- **Memorize**: "God said to Moses, 'I AM WHO I AM'. Tell the People of Israel, 'I AM sent me to you.'" **Exodus 3:14**
- Further Study: The Life Of The Beloved by Henri Nouwen